

REVERSE DECLUTTERING

Instead of looking around your space to identify what to get rid of, focus on giving each item a permanent home. In the course of doing this, you will naturally find several items that you don't need. **This shifts the focus from what you want to get rid of to what you want to keep.** If there isn't a home for an item, it needs to go. If you really want to keep it, you'll have to remove something else to give it a home.

Here are some helpful questions to ask yourself as you declutter:

Do I use this item regularly?

YES NO

Do I love it?

YES NO

Do I have a specific planned use for it?

YES NO

What's the worst case scenario if I got rid of it?

Do I have the space to store it?

YES NO

If I were moving soon, would I keep it?

YES NO

Would I purchase this again if I didn't already have it?

YES NO